

# **Immunizations:**

Are one of the greatest achievements of medicine. They have been so successful, many parents have never seen most of the illnesses and complications that vaccines prevent. But these diseases still exist. Your child needs immunizations to be protected from them.

#### **Childhood Immunization Checklist**

Ask your Doctor about combination vaccines.

Age:	Your child should get these shots:	<b>V</b>
2 MONTHS	DTaP (#1)-Diphtheria, Tetanus, and Pertussis (Whooping Cough) Hepatitis B (#1)-Some infants may get their first shot at birth. Hib (#1)-Haemophilus influenzae type b (Hib Meningitis) PCV (#1)-Pneumococcal disease Polio (#1)	
MONTHS MONTHS	DTaP (#2) Hepatitis B (#2) Hib (#2) PCV (#2) Polio (#2)	
6 MONTHS	DTaP (#3) Hepatitis B (#3) Hib (#3) PCV (#3) Polio (#3)  Annual	
<b>12</b> MONTHS	MMR (#1)-Measles, Mumps, and Rubella Varicella-Chickenpox Hib (#4) PCV (#4)  Flu Shots  Recommended every fall for bables 6-23 months	
15 MONTHS	DTaP (#4)—Can be given as early as 12 months.	
2 YEARS	Hepatitis A (Two-dose series)	
Before Kindergarten	Polio (#4) DTaP (#5) MMR (#2)	



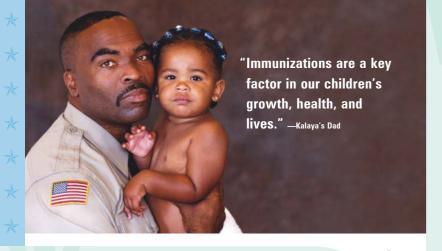


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#### Why are immunizations important?

Immunizations can protect your child against serious childhood diseases that can make your child very sick. These diseases can even cause brain damage or death.

Immunizations also protect the community. If children are not

immunized, they can be a health threat to babies too young or sick to get all their shots.

Immunizations are also called baby shots, boosters, vaccinations, shots, or vaccines

### Are they safe?

Vaccines are very safe and effective.

They prevent diseases by making the immune system stronger.

Babies are immunized when they are very young because some diseases that vaccines prevent are a lot more serious for babies or young children.

Sometimes children get mild reactions to the shots, like fever, a sore arm or leg, or swelling where the shot was given. Your doctor or nurse can talk about the risks with you before your children get their shots.

# What you can do:

- 1 Start your baby's shots on time by 2 months of age.
- Make sure your child stays on schedule (see back).
- 3 Bring your child's yellow Immunization Record to every doctor visit.



#### Comfort your child by:

- √ Staying calm yourself
- Talking in a soothing voice or singing
- ✓ Holding your child
- Bringing a familiar toy or blanket to use to distract & comfort your child
- Allowing your child to cry
- ✓ Breastfeeding your baby during and after shots





Your child needs shots at 2, 4, 6, 12, and 15 months of age and at 2 years.







## **Need more information?**

It is important that health information is based on credible science. X
Your doctor or clinic will give you Vaccine Information Statements to read.



#### For more information contact:

American Academy of Pediatrics
www.aap.org

Centers for Disease Control and Prevention National Immunization Program and Hotline 1-800-232-2522 (English) 1-800-232-0233 (Spanish)

www.cdc.gov/nip

Immunization Action Coalition www.immunize.org

California Department of Health Services www.dhs.ca.gov (health publications finder search for: immunizations)

Ask your doctor.

Immunize your child for a lifetime of health.